THE ANTHROPOLOGIST

International Journal of Contemporary and Applied Studies of Man

© Kamla-Raj 2016 PRINT: ISSN 0972-0073 ONLINE: 2456-6802 Anthropologist, 24(3): 853-858 (2016) DOI: 10.31901/24566802.2016/24.03.19

Comparison of Loneliness Levels in Visually Impaired from Different Sports Branches

Oktay Kizar¹, Mehmet Dalkilic², Mehmet Kargun³, Fikret Ramazanoglu⁴ and Metin Bayrak⁵

¹Bingöl, School of Physical Education and Sports, Bingöl ²Kilis 7 Aralik University, School of Physical Education and Sports, Kilis ³Marmara University, School of Physical Education and Sports, Istanbul ⁴Sakarya University, School of Physical Education and Sports, Sakarya ⁵Sports Ministry, Turkey

KEYWORDS Visually Impaired. Sports. Loneliness. Athletes

ABSTRACT The present study is aimed at both, to determine loneliness levels of the visually handicapped athletes from different branches and to compare loneliness levels of the athletes playing and not playing sports. Three hundred-forty visually handicapped athletes, consisting of 280 visually handicapped male athletes participating in goalball, B1, B2-B3 Futsal, Track and Fields and Judo competitions within the 2011-2012 season activity program of Turkey for the Blind Athletics Championships and 60 visually handicapped athletes who did not take part in any sport branches, were included in the research. The Personal Information Form was prepared to obtain personal data of those visually handicapped ones who participated in the research. Besides, the UCLA Loneliness Scale was used to determine their loneliness states. As a result, statistically, a significant difference was determined between sport branches like goalball: 56.07 ± 8.33 score, Track and Fields: 50.35 ± 5.45 score, Futsal: 52.85 ± 6.43 score, Judo: 50.58 ± 4.43 score and loneliness points.